Looking to keep active and to make new friends?

Our centres have so much to offer:
• A place to make friends and link with the local community
• Social activities such as cinema nights and dinner dances
• A caring and stimulating environment
• Fully equipped for those with physical conditions or dementia
• Help with bathing needs
• Support for carers as well as those being cared for.

Visit one of our centres at Lancaster, Morecambe, Thornton Cleveleys and Kirkham to see for yourself.

See contact details overleaf, or call 01772 628323 for general information.

www.lancashire.gov.uk
Lancaster
Vale View Centre
Stratford Close, Lancaster LA1 2JP
Call 01524 381 164

Lancaster
De Vitre Centre
DeVitre House, Ashton Road, Lancaster LA1 5AL
Call 01524 550 205

Morecambe
Altham Meadows Centre
Bartholomew Road, Westgate, Morecambe LA4 4RR
Call 01524 550 412

Kirkham
Milbanke Centre
72 Station Road, Kirkham PR4 2HA
Call 01772 671 169

Thornton Cleveleys
Teal Close Centre
Teal Close, off Mayfield Avenue, Thornton Cleveleys FY5 2LS
Call 01253 863 459