### Adult Social Care

Working on behalf of Havering Council, Family Mosaic provide a free information and guidance service, Care Point, for residents in Havering.

Our service provides free, confidential information to anyone over the age of 18 on your social care circumstances, wellbeing, benefits, transport options, housing and your rights as a carer. We’ll also help support you to find the services available in your area that may be able to support you.

Our staff can help with questions you may have on:

- Your health and wellbeing
- Getting support to live in your home
- Your housing options
- Paying for care
- Being a carer
- Getting out and about
- Being safe
- Your benefits
- Support services available in your area

Or any other care and support enquiries you may have.

<table>
<thead>
<tr>
<th>Category(ies):</th>
<th>Support for carers / Relief Care / Respite Care, Care options advice, Personal care at home (registered), Domestic help</th>
</tr>
</thead>
<tbody>
<tr>
<td>Who it is for:</td>
<td>Havering Care Point is a service designed to help you find the information you need to support you living in your own home independently, which could be advice on how to get help with things like getting to work, cooking meals, seeing friends, caring for families, arranging housing or benefits, paying for care, keeping yourself safe or being a part of the community. It might also include emotional support at a time of difficulty and stress. We can help with advice so you can find the information you need and the right support locally. The information we provide is targeted at adults over the age of 18.</td>
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<tr>
<td>Cultural aspects:</td>
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<tr>
<td>Where available:</td>
<td>Local service covering: Havering (Greater London).</td>
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<tr>
<td>What it costs:</td>
<td>You can drop in and speak to one of our advisers free of charge, or access the information available on our website.</td>
</tr>
<tr>
<td>How to access or apply for it:</td>
<td>You can contact Care Point by phone, email, online or in person on:</td>
</tr>
</tbody>
</table>
Telephone: 01708 776770 (Select Option 2)

Email: carepoint@familymosaic.co.uk

Or you can visit us at one of our drop-ins around the borough. See here for our drop in details: www.haveringcarepoint.org/care-advice/care-point-drop-ins

Visit our website for more information or for information and advice: www.haveringcarepoint.org

What then:

Additional information:

Info. updated: 12/12/2017

About the service provider:

Contact info: Havering Care Point: Adult Social Care, Town Hall, Main Road, Romford, Essex, RM1 3BB.

Telephone: 01708 776770 (Select Option 2).

Provider organisation: London Borough of Havering

Web link: http://www.housingcare.org/s/link-info-9104.aspx
Contact provider: http://www.housingcare.org/s/link-info-9104.aspx?srw=contact
Providers website: https://www.haveringcarepoint.org/