**Able Homecare**

Able Homecare provides a whole range of services that keep you able within your own home and natural surroundings. Here are some areas you might need assistance with; Personal Hygiene, Care Assistance with mobility, Night Care, Respite Care, Convalescence Care, Live in Care, Support for administration of medication, Housekeeping / Laundry Services, Meal preparation, Home and garden maintenance, Companionship / Sitting Service / outdoor excursions / Chauffeur / driver service

<table>
<thead>
<tr>
<th>Category(ies):</th>
<th>Home help, Care, Mental health care, Personal care at home (registered), Domestic help, Dementia, Dementia care, Live-in care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Who it is for:</td>
<td>Elderly &amp; Physically Disabled</td>
</tr>
</tbody>
</table>

We are based in the West End but in fact cover all of London, Surrey and surrounding areas.

<table>
<thead>
<tr>
<th>What it costs:</th>
<th>We offer reasonable prices for our tailored services, please call to discuss</th>
</tr>
</thead>
<tbody>
<tr>
<td>How to access or apply for it:</td>
<td>Please feel free to give Tom Newman (Managing Director) or Suraiya Ramzan (Care Coordinator) a call and learn more about Able Homecare and we will answer any queries or questions that you may have. Contact 0207 935 5841</td>
</tr>
<tr>
<td>What then:</td>
<td>We will visit your home for free initial assessment</td>
</tr>
</tbody>
</table>
| Additional information: | We believe in a person-centred care approach, and relationships between all the people in the care environment and process are nurtured. To do this we try to provide conditions and an environment where four key values are upheld: 
• valuing people and those who care for them 
• treating people as individuals 
• looking at the world from the perspective of the person 
• a positive social environment to enable individuals to experience relative well-being. |

**Info. updated:** 13/01/2014

**About the service provider:**
**Contact info:**  
**Able Homecare:** 45 Welbeck Street, London, W1G 8DZ.  
**Telephone:** 0207 935 5841.  
**Fax:** 0207 487 3561.

- Email them  
- Visit their website  
- Find them on a map

**Parent organisation:** Able Home Care

Providers directory: [http://www.housingcare.org/service/provider-26546-able-home-care.aspx](http://www.housingcare.org/service/provider-26546-able-home-care.aspx)  
Providers website: [http://www.ablehomecare.co.uk/](http://www.ablehomecare.co.uk/)