Befriending Service

Our Volunteers come from a wide range of backgrounds and they appreciate the difficulties that isolation can create for any of us who have no-one to talk to or share our thoughts. Our Befriending Service can provide you with someone you can look forward to inviting into your home on a regular basis, to have a chat and share some of your memories and expectations. Our befriending volunteers can provide an essential link to your local community. There is no charge to join our Befriending Service.

Activities include providing company to someone who may find it difficult to leave their home and access other services. You could engage in mutually interesting conversation and play games such as cards or scrabble or other activities. The main ingredient to a visit by one of our volunteer befrienders is good conversation.

For your Safety: all our befriending volunteers are screened and are subject to a Disclosure and Barring Service (DBS)

Category(ies): Companionship /befriending

Who it is for: You could be someone requiring our Befriending Service. The Age UK Enfield Befriending Service provides a regular visit from one of our trusted volunteers, to those individuals aged 50+ who feel isolated & unable to leave their home due to variety of reasons.

Where available: Local service covering: Enfield (Greater London).

How to access or apply for it: See contact details above

Info. updated: 28/06/2016

About the service provider:
**Contact info:**  
**Age UK Enfield:** Ponders End Library, College Court, High Street, Enfield, London, EN3 4EY.  
**Telephone:** 020 8375 4120.

- [Email them](#)  
- [Visit their website](#)  
- [Find them on a map](#)

**Parent organisation:**  
Age UK Enfield