The Princess Royal Trust Oldham Carers Centre

A carer is someone of any age who provides unpaid support to family or friends who could not manage without this help. This could be caring for a relative, partner or friend who is ill, frail, disabled or has mental health or substance misuse problems.

Carers may even be juggling paid work with their unpaid caring responsibilities at home. The term carer should not be confused with a care worker, or care assistant, who receives payment for looking after someone.

If you are a carer, your local Carers’ Centre may be able to help make things easier for you. Each centre delivers a wide range of local support services to meet the needs of carers in its community. These range from support services catered to the carer, the needs of the person you care for and the services your council may provide.

Carers have different needs and centres can assist you in information regarding health issues, entitlements, mobility, grants for holidays, equipment and support.

**Category(ies):** Care, Information & options appraisal, Information, Support for carers, Signposting / gateway service

**Who it is for:** Carers in the Oldham area.

**Where available:** Local service covering: Oldham (Greater Manchester).

**What it costs:** The service is free of charge.

**How to access or apply for it:** Contact us
Tel: 0161 770 1188
Fax: 0161 770 4789
carers.centre@oldham.gov.uk

Address:
1 Phoenix Street Phoenix Centre
Oldham, Oldham OL1 1DB

**Info. updated:** 16/06/2013

**About the service provider:**

**Contact info:** The Princess Royal Trust Oldham Carers Centre: 1 Phoenix Street, Oldham, Lancashire, OL1 1DB.

**Telephone:** 0161 770 1188.

**Fax:** 0161 770 4789.
**Parent organisation:** Carers Trust

**Who are they?** Provides information, support and practical help to carers through a national network of Carers Centres.