Physical Disability Team

Our aim is to help people with physical disabilities to lead as full and independent a life as possible. We also want to be able to help those who care for people with a disability. Once you have been referred to a care manager the team will offer an assessment of your abilities and social care needs. If eligible we will work with you to decide how your social care needs would best be met. We also offer support to families and carer's and can provide a separate assessment to carer's of disabled people.

Through self directed support you could access the following services to meet your social care needs:

- **Personal care**: help with bathing, washing, dressing, going to the toilet and cooking.
- **Social inclusion**: going out and about in your local community.
- **Respite care**: this would involve you staying for a few nights at a respite care centre or having care at home to give your informal carer a short break. Respite is only available to those who have informal carers.
- **Carer's support**: this may involve a carer's grant, respite or services for the person you care for. This is dependant on you receiving a carer's assessment.
- **Residential Care**.

**Category(ies):**

Socialising, Home help, Care, Independent living, Companionship /befriending, Relief care, Day centres, Support for carers, Health & wellbeing, Socialising, Personal care at home (registered), Shopping, Domestic help

**Who it is for:**

The physical disability team in Cambridgeshire provides a countywide service to adults aged from 19 to 64.

**Where available:**

Local service covering: Cambridge, East Cambridgeshire, Fenland, Huntingdonshire, South Cambridgeshire (Cambridgeshire).

**How to access or apply for it:**

If you want your needs assessed initial contact with the Physical Disability Team should be made by telephoning Cambridgeshire Direct on: 0345 045 5202

**Additional information:**

Opening times are Monday- Saturday, 8.00am - 8.00pm.

**Info. updated:**

06/06/2012

**About the service provider:**
Contact info: **Countywide Physical Disability Team**: Cambridgeshire Direct - Contact Centre, P.O.Box 144, St Ives, Cambridgeshire, PE27 9AU.

**Telephone**: 0345 045 5202.

**Fax**: 01480 498066.

Email them  Visit their website  Find them on a map

Parent organisation: [Cambridgeshire County Council](http://www.housingcare.org/service/provider-10949-cambridgeshire-county-council.aspx)

Web link: http://www.housingcare.org/s/link-info-5282.aspx


Contact provider: http://www.housingcare.org/s/link-info-5282.aspx?srw=contact

Providers website: http://www.yourlifeyourchoice.org.uk/