Help at Home

Help at Home provides private home help services including shopping, cleaning, laundry, and escorting to and from appointments or other places of interest and companionship. Our team of trained SupportGivers are dedicated to enabling customers to maintain their independence at home by assisting with daily tasks and supporting a variety of needs. Age UK Bromley & Greenwich

SupportGivers know how to respond to individual situations and understand how to manage dementia sensitively. Our SupportGivers encourage, stimulate and assist our customers

Adapting to our customers’ needs
To understand individual customers’ needs, we carry out a no obligation free consultation and assessment in their home. We can then give the customer advice on the support needed and provide a tailor-made plan which meets their individual requirements.

Where possible, customers will always have the same SupportGiver who will get to know the individual and be able to support them in their daily tasks. Our team also accommodates short-notice requests for those discharged from hospital, recovering from illness or accident.

Our team can also accommodate short-notice requests for those discharged from hospital or recovering from an illness or accident.

Some of our most popular services we provide include:
- Companionship
- Shopping
- Assistance with laundry
- Basic cleaning tasks
- Meal preparation
- Organising mail and writing letters
- Accompanying you to the bank
- Assistance to/from hospital appointments

<table>
<thead>
<tr>
<th>Category(ies):</th>
<th>Home maintenance, Home help, Domestic help</th>
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<tbody>
<tr>
<td>Who it is for:</td>
<td>Older people in Bromley and Greenwich that might need assistance with daily tasks for independence at home.</td>
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<td>Where available:</td>
<td>Local service covering: Bromley (Greater London).</td>
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<td>What it costs:</td>
<td>The Help at Home service is available to residents living in the Borough of Bromley from Monday to Friday 9am till 5pm at an hourly rate of £17.50.</td>
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<td>How to access or</td>
<td>Contact us on 020 8315 1853</td>
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apply for it: services@ageukbandg.org.uk

Info. updated: 17/01/2019

### About the service provider:

**Contact info:** Age UK Bromley & Greenwich: Community House, South Street, Bromley, BR1 1RH.
- **Telephone:** 020 8315 1850.
- **Fax:** 020 8315 1851.

Providers website: http://www.ageuk.org.uk/bromleyandgreenwich/

Parent organisation: Age UK Bromley & Greenwich