**Tea and Chat**

Tea and Chat groups meet in Caterham, Oxted and Lingfield. There are free refreshments, interesting talks, quizzes, tutorials and games are all enjoyed.

There is always a friendly, convivial atmosphere where everyone is welcome to come along:

- **Caterham** - Monday (fortnightly), 10.30 – 12.00pm - Douglas Brunton Centre
- **Oxted** - Tuesday (monthly), 2.30 – 4.00pm - Bluehouse Social Centre
- **Lingfield** - Thursday (monthly), 2.30 – 4.00pm at the Lingfield Day Centre

**Category(ies):** Companionship /befriending, Activities, Drop-in centres, Health & wellbeing services

**Who it is for:** Older people in Caterham, Oxted and Lingfield

**Where available:** Local service covering: Tandridge (Surrey).

- Caterham
- Oxted
- Lingfield

**How to access or apply for it:** Call 01483 503414, enquiries@agekusurrey.org.uk or www.ageuk.org.uk/surrey

**Additional information:** Volunteers Needed:

Volunteers needed for the Making Connections Service to assist lonely, isolated people to re-engage with their community. You might want to visit someone once a week or once a month to encourage them to pop into a Day Centre for an hour or re-visit or take up a new hobby or interest.

Or you might like to help out with making the tea and coffee at one of the Tea & Chat meetings while encouraging people to take part in activities or giving a demonstration or talk to the groups.

**Info. updated:** 07/08/2019

**About the service provider:**
<table>
<thead>
<tr>
<th>Contact info:</th>
<th>Age UK Surrey: Rex House, William Road, Guildford, GU1 4QZ.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Telephone: 01483 503 414.</td>
</tr>
<tr>
<td></td>
<td>Fax: 01483 454 614.</td>
</tr>
</tbody>
</table>

Parent organisation: Age UK Surrey

Providers directory: [http://www.housingcare.org/service(provider-4878-age-uk-surrey.aspx](http://www.housingcare.org/service(provider-4878-age-uk-surrey.aspx)
Providers website: [http://www.ageuk.org.uk/surrey](http://www.ageuk.org.uk/surrey)