Community Navigator Project
The Age UK Suffolk Navigator service offers

- A home visit service
- 1-1 support
- A chance to find out about, and use, services in the local community
- Ideas to reduce Isolation
- Help to manage health conditions
- Assistance to stay independent
- Opportunities for social interaction

The Navigator can make a real difference to people who are living with long term health conditions or disability and need help either to come to terms with their situation and/or support to help them navigate their way through what is sometimes a complicated system.

The navigator will become a supportive friend, giving the person they are working with support and encouragement to make changes in their life.


Who it is for: A free support service for people age 50+ with long term health conditions, living in the Kirkley area of Lowestoft.

Where available: Local service covering: Waveney (Suffolk).

Kirkley

How to access or apply for it: See contact details above
Referrals for this service come from Health and Social Care professionals working in the Kirkley area of Lowestoft, but it is also possible to make a self referral.

Info. updated: 20/04/2016

About the service provider:

Contact info: Age UK Suffolk: 14 Hill View Business Park, Claydon, Ipswich, IP6 0AJ.
Telephone: 01473 351234.
Parent organisation: Age UK Suffolk

Web link: http://www.housingcare.org/s/link-info-12200.aspx
Providers directory: http://www.housingcare.org/service/provider-4921-age-uk-suffolk.aspx
Contact provider: http://www.housingcare.org/s/link-info-12200.aspx?srw=contact
Providers website: http://www.ageuk.org.uk/suffolk/