Dementia Services

Age UK Medway operates two centres offering specialist dementia day centre service ensuring respect, dignity and choice and maximizing opportunities for older people living with dementia. The Pat Warner Suite, based in The Mackenney Centre Gillingham, covers Gillingham, Twydall, Rainham, Parkwood and Wigmore.

The Capstone Centre, based in Hopewell Drive Chatham, covers the remainder of Medway. The specialist dementia day centres are delivered in consultation with service users and their carers in a flexible and responsive way. We offer practical help and support in a professional caring manner ensuring a ‘person centred approach’.

The day centres offer regular respite from caring. Transport can be arranged and the day includes a two course meal, drinks and snacks. We have a running programme of activities which are specially designed for people with dementia.

Our ethos is to understand the person with dementia, and allow them to be themselves in a safe, non-medical and stimulating environment.

The service aims to:
• Improve daily living skills
• Encourage hobbies & interests
• Enhance well being
• Build relationships
• Promote confidence
• Maintain independence
• Reduce isolation

Are you caring for someone who is living with dementia? Or know someone that is? Our specialist dementia day care centre can help you and your friends and loved ones continue to enjoy life.

Category(ies): Socialising, Dementia, Day centres

Who it is for: Older people living with dementia. in Medway area

Where available: Local service covering: Medway (Kent).

How to access or apply for it: See contact details above

Additional information: Flexible Dementia Outreach

The flexible dementia outreach service is designed to enable individuals who are
experiencing the early stages of a dementia type illness to be supported in continuing to pursue their interests, take part in meaningful activities, maintain their independence and retain or develop social contacts.

Trained support workers will spend quality time with each person on a weekly or fortnightly basis, helping reduce social isolation and retain or regain links with their local community.

By allowing a person to remain at home longer, enabling them to retain daily living skills and independence, and by giving them a sense of achievement and purpose, disruptive or challenging behaviour can be alleviated. Our ethos is to understand the person with dementia, and allow them to be themselves in a safe, non-medical and stimulating environment. This gives their carer valuable respite time, reducing the potential for crisis intervention.

**The service aims to**

- Build relationships
- Promote confidence
- Maintain independence
- Reduce isolation
- Improve daily living skills
- Encourage hobbies & interests
- Enhance well being

**Info. updated:** 12/04/2016

**About the service provider:**

**Contact info:**  
**Age UK Medway:** The Admirals Offices, Historic Dockyard, Chatham, Kent, ME4 4TZ.  
**Telephone:** 01634 380 195.

- [Email them](mailto:info@ageukmedway.org.uk)  
- [Visit their website](http://www.ageuk.org.uk/medway/)  
- [Find them on a map](http://www.maptogo.com/maps/ageukmedway)

**Parent organisation:** [Age UK Medway](http://www.ageuk.org.uk/medway/)

**Web link:** [http://www.housingcare.org/s/link-info-12020.aspx](http://www.housingcare.org/s/link-info-12020.aspx)  
**Providers directory:** [http://www.housingcare.org/service/provider-23302-age-uk-medway.aspx](http://www.housingcare.org/service/provider-23302-age-uk-medway.aspx)  
**Providers website:** [http://www.ageuk.org.uk/medway/](http://www.ageuk.org.uk/medway/)