# Dementia Services

## Day Care Support

- Operates five days a week, Monday to Friday (excluding bank holidays.)
- Offers day respite for families and carers with flexible hours.
- Provides a freshly prepared nutritious two course meal.
- Includes door to door transport.
- Offers a range of activities including exercise, gardening, games room, reminisce, and arts and crafts.
- Assists with personal care.
- Has lifting aids.
- Hairdressing and nail care services visit the centre (optional extra chargeable services.)

### Category(ies):

Activities, Day centres, Dementia care, Day centres

### Who it is for:

This Service is for People living with Dementia.

### Cultural aspects:

### Where available:

Local service serving within 10km of B736ST.

### How to access or apply for it:

Our Dementia service is based at

The Seymour Centre,
34 South Parade,
Sutton Coldfield,
B72 1QU

### What then:

The centre manager will call you back to arrange.

### Additional information:

Info. updated: 28/12/2018

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### About the service provider:

**Contact info:** Age UK Birmingham: Seymour Day Centre, 34 South Parade, Sutton Coldfield, West Midlands, B73 6ST.

**Telephone:** 0121 437 0033.

- [Email them](#)
- [Visit their website](#)
- [Find them on a map](#)

**Parent organisation:** Age UK Birmingham
Web link: http://www.housingcare.org/s/link-info-10662.aspx
Contact provider: http://www.housingcare.org/s/link-info-10662.aspx?srw=contact
Providers website: http://www.ageuk.org.uk/birmingham/