**Council for Voluntary Service**

We are here to provide support and information to Carers in the community throughout Burnley, Pendle & Rossendale, whatever their age, circumstances or ethnic background.

Caring situations may involve looking after someone with:
- Physical Disabilities
- Learning Disabilities
- Mental Health Problems
- Substance Misuse Problems
- Long term/cronic Illness
- Or someone who is elderly, ill or frail.

Caring can be a very difficult, demanding and all-consuming task, no matter how close they are to the person they care for.

Caring can affect their health making them tired, frustrated, stressed, angry and feeling guilty leaving them with no time for themselves.

**Category(ies):** Care, Support for carers

**Who it is for:** For carers who spend a significant proportion of their life providing unpaid support to family or friends.

**Where available:** Local service covering: Burnley, Pendle, Rossendale (Lancashire).

**What it costs:** Annual membership costs £10 for organisations and £5 for individuals.

**How to access or apply for it:** Contact Burnley Pendle & Rossendale CVS as above

**Info. updated:** 15/07/2010

**About the service provider:**

**Contact info:** Burnley, Pendle & Rossendale CVS: ELVSR, Rachel-Kay Shuttleworth Building, 62 - 64 Yorkshire Street, Burnley, Lancashire, BB11 3BT.

**Telephone:** 01282 433 740.

**Fax:** 01282 835 908.

[Visit their website][1]  [Find them on a map][2]

**Parent organisation:** Burnley Pendle & Rossendale CVS
<table>
<thead>
<tr>
<th><strong>Who are they?</strong></th>
<th>Carers' Contact</th>
</tr>
</thead>
</table>

Providers website: [http://www.bpr cvs.co.uk](http://www.bpr cvs.co.uk)