

Section 7: Location

- Shops Quiet / Stress free
- Buses etc. Close to family
- Familiarity / Like area Close to friends
- Feeling safe Close to help
- Good neighbours Other key facilities
- Pleasant / Healthy

Are any of these causing you stress or affecting your health? Yes No

Give a score out of 10 for **location** overall.

Section 8: Managing

- Housework Changing curtains
- Laundry Decorating
- Bathing Gardening
- Shopping Stairs
- Cooking Having visitors
- Changing light bulbs

Are any of these causing you stress or affecting your health? Yes No

Give a score out of 10 for **managing** overall.

Section 9: Quality of Life

- Able to pursue your interests Do you have enough Human Contact
- Peace of mind

Are any of these causing you stress or affecting your health? Yes No

Give a score out of 10 for **quality of life** overall.

Summary

Whether you stay living where you are, or decide to move, what aspects of your home matter most to you? Please mark your top three priorities as 1st, 2nd and 3rd.

Section	My Priorities
1. Size and space	
2. Independence	
3. Cost	
4. Condition of property	
5. Comfort and design	
6. Security	
7. Location	
8. Managing	
9. Quality of life	

Factual Information about your Home

Please tick (✓) as appropriate

1. **Type** Flat Maisonette
House Bungalow

If relevant, which floor do you live on?

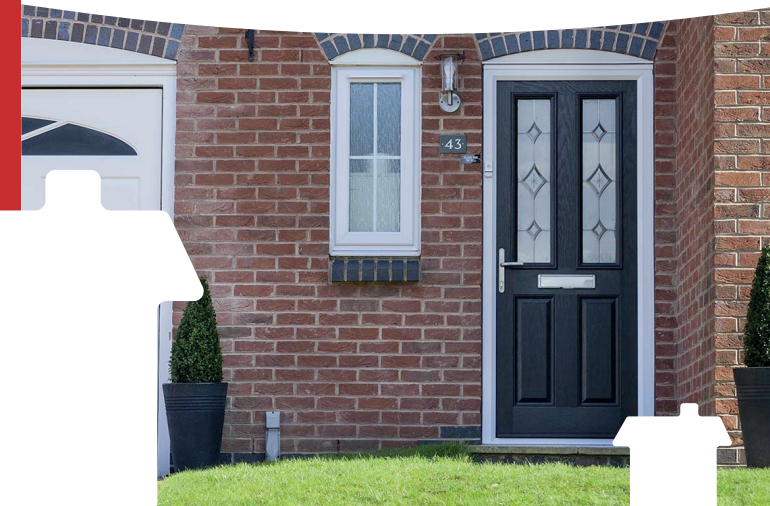
Do you have a garden Yes No

2. **Tenure** Owner Occupied: Rented from:
With a Mortgage Council
Paid for Housing Association
Freehold Private Landlord
Leasehold Other

3. **Household** How many people are there?
How many pets?

4. **Is it the present situation that concerns you, or how things may be?**
Present Future Both

5. **Is there one thing that is causing you most concern?**



How well does your home suit you?

If you are not sure, this short questionnaire may help you decide.

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How well does your home suit you?

Answer the questions in the following nine sections to say how satisfied you are with what your home provides.

When you've finished, come back to this page for our suggestions as to what to do next.

What next?

Our Housing Options

service provides independent advice and support to help older and disabled people find the most suitable place to live, based on their needs. We can explain the types of improvements that can be made to existing homes and the range of home based support available. Through our caseworkers and volunteers we can offer information and advice on alternative housing options, helping people understand all of the options to reach the right decision for them, based on their individual needs.



To discuss your specific problems, worries—or ambitions in more detail speak to one of our advisors. FirstStop Advice is a free and independent service, provided by EAC and staffed by Advisors with a huge range of knowledge and experience.

If you have access to the internet, visit the EAC FirstStop website. This provides pages of practical ideas, a directory of home services that might be helpful to you, as well as information on local sheltered and retirement housing estates in case you want to consider moving.

Call the Advice Line on:
0800 377 7070

Section 1: Size and Space

Please tick ✓ for mainly satisfied or a cross ✗ for mainly dissatisfied.

Number of rooms Garden size
Room sizes Parking space

Are any of these causing you stress or affecting your health? Yes No

Give a score out of 10 for **size and space** overall. (See bottom of page for help with scoring.)

Now continue through sections 2-9, looking at other aspects of your home.

Section 2: Independence

Safe from eviction Independence from your family
Able to suit yourself Able to keep pets
Happy to be responsible for the house

Are any of these causing you stress or affecting your health? Yes No

Give a score out of 10 for **independence** overall.

Section 3: Cost (Affordability)

Mortgage / Rent Water
Maintenance Transport
House Insurance Service charges
Heating / Hot water Help in your house
Council Tax TV licence

Are any of these causing you stress or affecting your health? Yes No

Give a score out of 10 for **cost** overall.

Section 4: Condition of Property

Roof Plumbing / Drains
Structure Free of damp
Plastering Windows
Wiring Doors
Gas fittings Fences
Water supply

Are any of these causing you stress or affecting your health? Yes No

Give a score out of 10 for **condition** overall.

Section 5: Comfort and Design

Looks nice and feels like home Decoration
Warm Furnishings
Light and sunny Bath / Shower
Convenient layout Arranged to suit

Are any of these causing you stress or affecting your health? Yes No

Give a score out of 10 for **comfort** overall.

Section 6: Security/Safety

Free of hazards (worn carpets, slippery surfaces etc.) Feeling safe at home
Home secure if out
Help at hand (if you fell) Fire precautions

Are any of these causing you stress or affecting your health? Yes No

Give a score out of 10 for **safety** overall.

10 Perfect **6 Just Okay** **4 Not Good** **1 Terrible**