

Are you an
older person?
Or the **family**
or carer
of an older person?



Are you looking for advice or information about **care** or **housing** options? Advice about **paying** for care? Or **help** getting the support you need and are entitled to?



Wherever you live, contact FirstStop for

Care
Advice

Housing
Advice

Finance
Advice

Rights
Advice

Call the Advice Line free on:
0800 377 7070

Open Mon – Fri, 9am – 5pm
Calls may be monitored and/or recorded

Visit us online at:
www.firststopadvice.org.uk

or email:
info@firststopadvice.org.uk



FirstStop Advice is an independent, free service offering advice and information for older people, their families and carers about housing and care options in later life. It is led by the charity Elderly Accommodation Counsel (EAC) working in partnership with other national and local organisations.

