

Working together for older people, their families and carers

# Know your **housing** and **care options?**



Call us for more information,  
free visits and personal advice:

**0845 600 1090**

or email us at:

**[ageconnect@ageukcroydon.org.uk](mailto:ageconnect@ageukcroydon.org.uk)**

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For National Advice please call:

**0800 377 70 70**

Mon-Fri 9am-5pm

or visit us online at:

**[www.firststopadvice.org.uk](http://www.firststopadvice.org.uk)**

FirstStop Advice is an independent, free service offering advice and information for older people, their families and carers about housing and care options in later life. It is led by the charity Elderly Accommodation Counsel (EAC) working in partnership with other national and local organisations. The service is supported financially by the **Department for Communities and Local Government**.

**Age UK Croydon** offers people practical help and advice to maintain independence later in life