



FirstStop



Advice for older people

Do you need advice or information about **housing** or **care** options?

Advice about **paying** for care?

Information about **services** to help you **manage** at home?

Housing
Advice

Care
Advice

Finance
Advice



Visit us online at:
www.firststopadvice.org.uk

call the Advice Line:
0800 377 7070

Open Mon – Fri, 9am – 5pm
Calls may be monitored and/or recorded

or email:
info@firststopadvice.org.uk

FirstStop Advice is provided by the charity Elderly Accommodation Council (EAC) and other national and local organisations working together for the benefit of older people. The service is supported financially by the **Department for Communities and Local Government, Comic Relief and Nationwide.**





Advice for older people

Who is FirstStop for?

- For all older people, their families and carers

What we offer

FirstStop Advice is an independent, free service offering advice and information for older people, their families and carers, about housing and care options in later life.

It includes:

- Information on housing and care options available to you
- Information about local services that can help you to continue to live independently in your own home
- Independent and confidential advice, by telephone, tailored to your circumstances
- The service of a local advisor in many parts of England

“They made me aware of what roads were open to me. They really have time for you and didn’t rush me and they listened and answered any point that needed to be expanded upon. They were just brilliant and I can’t think of anything better.”

FirstStop customer