

Information and resources for people who have dementia, their carers, relatives and friends

The purpose of this sheet is to give pointers on where to go for information or advice. It is not intended to be comprehensive.

Alzheimer's Society (England, Wales & Northern Ireland)

Devon House, 58 St.Katherine's Way,
London, E1W 1LB

Tel: 020 7423 3500 Fax: 020 7423 3501

E-mail: enquiries@alzheimers.org.uk

Website: www.alzheimers.org.uk

Alzheimer's Society is the leading organisation for information about all forms of dementia, both for professionals, carers, people who have dementia and the general public. This includes information about all aspects of coping with dementia and caring for someone who has it. The website is excellent and includes a section for researchers and professionals. It also has a section about local services provided by Alzheimer's Society.

Alzheimer Scotland

22 Drumsheugh Gardens, Edinburgh,
EH3 7RN

Tel: 0131 243 1453 Fax: 0131 243 1450

Helpline: 0808 808 3000

Website: www.alzscot.org/

Alzheimer Scotland is the leading organisation for information about all forms of dementia, both for professionals, carers, people who have dementia and the general public.

MIND

15 – 19 Broadway, Stratford, London,
E15 4BQ.

MIND Info Line: 0845 766 0163

E-mail: info@mind.org.uk

Website: www.mind.org.uk

Mind is the leading charity in England and Wales, with expertise in all areas of mental health. Mind can give accurate and helpful information about the Mental Health Act 1983 (as amended), on the rights of patients detained under the Act and on the rights and responsibilities of the patient's nearest relatives.

Elderly Accommodation Counsel (EAC)

3rd Floor, 89 Albert Embankment,
London, SE1 7TP

Tel: 020 7820 1343 Fax: 020 7820 3970

Website: www.housingcare.org

EAC provides general advice and information on issues relating to housing and care for older in the UK. EAC holds the national database of sheltered and retirement housing and a national database of care homes.

EAC is able to provide details of the small number of sheltered and retirement housing schemes that are able to provide care services for people who have dementia and information about care homes registered for dementia care. Information sheets are provided raising matters to think about when deciding what the most appropriate accommodation options are likely to be for a particular person.

Government website

www.direct.gov.uk

A website providing information about almost all public services in the UK.

NHS Direct

For information about all publicly funded health services.

Tel: 0845 4647

Website: www.nhsdirect.nhs.uk/

DementiaUK

6 Camden High Street, London, NW1 0JH

Tel: 020 7874 7200 Fax: 020 7874 7219

E-mail: info@dementiauk.org

Website: www.dementiauk.org

A charity providing **Admiral Nursing** – a specialist nursing intervention focused on meeting the needs of carers and supporters of people with dementia and **Training** for professionals and carers of people with dementia.

Admiral Nursing Direct:

Tel: 0845 257 9406

Office of the Public Guardian

Tel: Customer Services 0300 456 0300

Website: www.publicguardian.gov.uk/

The OPG supports and promotes decision making of those who lack capacity or would like to plan for their

future, within the framework of the Mental Capacity Act 2005 (MCA).

Selected reading

There is a huge amount of helpful literature and reading material available. Below is a very small list of books that EAC staff feel may be helpful. For other material we suggest contacting the Alzheimers Society, Dementia^{uk}, browsing in your local library or any good bookshop.

Christine Bryden

Dancing with Dementia, My story of living positively with Dementia

Jessica Kingsley. 2005

This book is an account of Christine Bryden's experiences of living with dementia, after being diagnosed with it at the age of 46 years. She had previously worked as a top civil servant.

Professor Alistair Burns

Your guide to Alzheimer's disease

Hodder Arnold. 2005.

(Endorsed by Alzheimer's Society & The Royal Society of Medicine)

Harry Cayton, Dr Nori Graham & Dr James Warner

Alzheimers and other dementias (at your fingertips)

Class Publishing. 3rd ed. 2008

Nancy L Mace & Peter V Robins

The 36-hour day: A family guide to caring for people with Alzheimers Disease, other dementias and memory loss in later life.

The John Hopkins University Press. 4th ed. 2006.

Margaret Forster

Have the men had enough?

Vintage. 2004

Linda Grant

Remind me who I am again?

Granta Publications. 1998

Michael Ignatieff

Scar Tissue

Vintage. 1993

John Bayley

Iris: A Memoir of Iris Murdoch

Abacus. 1999

John Suchet

**My Bonnie: How dementia stole
the love of my life.**

Harper Collins. 2010 Hardback

Harper Collins. 2011 (due for
publication) Paperback

Revised July 2010