RETIRE IN STYLE
In the beautiful Cotswolds
SITUATED ON THE SOUTHERLY SLOPES OF PAINSWICK IN THE BEAUTIFUL COTSWOLDS, THIS AWARD-WINNING RETIREMENT VILLAGE GIVES YOU ALL THE BENEFITS OF A SOCIALLY ACTIVE COMMUNITY WITH ITS OWN SUPERB RESTAURANT AND WELLNESS SPA, PLUS THE REASSURANCE OF AS LITTLE OR AS MUCH FIRST-CLASS CARE AS YOU NEED.

Richmond Painswick provides people with a quality and security of lifestyle which, until recently, has not been widely available.

The fact is that as a nation we are getting older. People are living longer and the way in which we used to view retirement is no longer relevant in today’s world. Older people, quite rightly, want to continue to lead as active a life as possible whilst maintaining their independence for as long as they are able to.

That’s why the single most important aspect of Richmond Painswick is that it offers a great choice of accommodation but within a safe, secure and caring environment.

Villagers enjoy wonderful surroundings, luxury facilities including the Wellness Spa, first-class restaurants, beautiful architecture and gardens. Our Village is a socially active community within its own right, but also interacts well with the wider community in which it exists.
A NEW WAY OF LIFE

THE IDEA THAT LIFE IMPROVES WHEN WE GET OLDER IS MORE THAN JUST A WELCOME THOUGHT; IN MODERN TIMES IT’S A DISTINCT POSSIBILITY. IT’S A BELIEF THAT IS CENTRAL TO THE CREATION OF RETIREMENT COMMUNITIES LIKE RICHMOND PAINSWICK.

Richmond communities are for people who want to get the most from later life. After raising a family or having had a successful career, isn’t it time we put our own needs first for a change?

Richmond Villages has a uniqueness of approach which is fast catching on. Each Village is a vibrant community in its own right, yet well integrated within its wider community.

It offers a wealth of activities and facilities and as much or as little first-class care as each person needs. Ranging from a basic housekeeping service to 24-hour nursing care, flexible packages provide great reassurance by perfectly meeting everyone’s changing needs.

A COMMUNITY WITH ENDLESS OPPORTUNITIES

RICHMOND PAINSWICK IS BUILT AROUND THE CONCEPT THAT LIFE IS FOR LIVING. LIVING IN A COMMUNITY WITH ENDLESS OPPORTUNITIES TO SOCIALISE WITH LIKE-MINDED PEOPLE AND BE ABLE TO DIP IN AND OUT OF THE MANY EVENTS AND ACTIVITIES IS A VERY APPEALING PROSPECT.

From music festivals and Summer fayres, to crossword mornings and bridge evenings, plus regular trips to the shops and local places of interest, it means no two days need ever be the same.
THIS EXCEPTIONAL VILLAGE FAITHFULLY REPRODUCES THE LOCAL COTSWOLD ARCHITECTURE AND FEATURES BREATHTAKING LANDSCAPED GARDENS. THE LUXURIOUSLY APPOINTED HOMES ARE SET OUT AROUND AND WITHIN THE VILLAGE CENTRE – WHICH HAS, AMONG OTHER THINGS, THE FOLLOWING:

**Village facilities:**
- Rooftop Restaurant & Café Bar
- Landscaped Gardens
- Hairdressing Salon & Beautician
- Comprehensive CCTV system
- Total Care Support
- Emergency Call Service
- Village Shop
- Auditorium
- Library & I.T. Room
- Wellness Spa
- Village Transport
- Wildflower Meadow

DOES IT SOUND TOO GOOD TO BE TRUE? NOT SO. READ ON.
A PICTURE OF HEALTH

WHETHER TO RELAX, TO BE PAMPERED OR REALLY GET INTO SHAPE, HAVING A STATE-OF-THE-ART WELLNESS SPA ON YOUR DOORSTEP IS A LUXURY FEW CAN BOAST.

Wellness Spa facilities:
- Fully-equipped gymnasium
- The latest cardiovascular equipment
- Swimming pool
- Jacuzzi, steam room and sauna
- Treatment rooms
- Team of fitness professionals and therapists for treatment and advice
- Hairdresser
- Physiotherapy and Chiropody
- Reflexology
- Exercise classes, including Yoga and Pilates
- Beauty Therapist
- Expertise in G.P. referrals, cardiac rehab and weight management
THE IDEAL PROPERTY

INVEST IN A VILLAGE OR ASSISTED LIVING APARTMENT AT RICHMOND PAINSWICK AND YOU’LL BE BUYING INTO A WHOLE NEW LIFESTYLE.
Each Richmond Village Apartment offers:

- modern kitchens with integrated appliances
- bathrooms/shower rooms featuring stylish sanitary ware
- 1 and 2 bedroom apartments with main bathroom en-suite.
- allocated parking space, if car owner
- emergency 24-hour call system to on-site care team
- membership to the Richmond Wellness Spa

Each Richmond Village Apartment is the result of a true team effort by our professional designers, builders and fitters which not only looks stunning, but functions perfectly too. They are personal havens where every little detail has the end user in mind.
MORE COMPACT, BUT EVERY BIT AS STYLISH, OUR ASSISTED LIVING APARTMENTS OFFER AN ENVIABLE LIFESTYLE. HERE YOU CAN RELAX AND ENJOY BEING WAITED ON, HAND AND FOOT.
EACH ASSISTED LIVING APARTMENT OFFERS:

- ergonomically designed modern galley kitchen
- main bedroom with stylish en-suite
- emergency 24-hour call system to on-site care team
- membership to the Richmond Wellness Spa

ASSISTED LIVING IS ALL ABOUT:

- enhancing lifestyle and quality of life
- enjoying the comforts of your own beautifully-appointed apartment
- clubs, activities and entertainment arranged around your interests
- great food freshly prepared to suit your individual tastes
- all chores such as cleaning, washing and ironing taken care of, leaving you free to enjoy other pursuits
- a quality environment where you can make friends and get to know like-minded people
- offering complete peace of mind for you and your loved ones
- the reassurance that care is on hand 24 hours a day

RETAIN YOUR INDEPENDENCE AND GAIN A BETTER QUALITY OF LIFE IN A ONE OR TWO BEDROOM ASSISTED LIVING APARTMENT. HERE YOU CAN ENJOY LIFE TO THE FULL, WHILE THE RICHMOND TEAM TAKES CARE OF YOUR DAY-TO-DAY CHORES.

We provide support and assistance for people who are finding it difficult to live independently, but do not need the 24-hour care provided by a nursing home. Assisted Living with Richmond Painswick means buying your very own apartment in our stunning village community. We take care of the daily chores meaning you can enjoy life in a safe, caring, socially active and supportive environment.

EACH ASSISTED LIVING APARTMENT OFFERS:

- ergonomically designed modern galley kitchen
- main bedroom with stylish en-suite
- emergency 24-hour call system to on-site care team
- membership to the Richmond Wellness Spa
ASSISTED LIVING PACKAGE

EVERYONE HAS DIFFERENT REQUIREMENTS AND PERSONAL NEEDS – WE DO OUR BEST TO SUPPORT YOU WITHIN OUR CAPABILITIES. WE BASE OUR ‘ASSISTED LIVING APARTMENT FEE’ ON THE ASSUMPTION THAT YOU ARE ABLE TO DRESS AND BATHE YOURSELF. WE ALSO ASSUME THAT YOU CAN PREPARE A SIMPLE BREAKFAST – MAKE A CUP OF TEA AND A LIGHT SNACK USING THE PROVISIONS WE HAVE BROUGHT TO YOUR KITCHEN. IF YOU NEED HELP WITH ANY OF THESE TASKS, WE WILL BE ABLE TO PROVIDE THIS THROUGH OUR DOMICILIARY CARE TEAM AT AN EXTRA CHARGE.

THE ASSISTED LIVING FEE INCLUDES:

- On-site food and non-alcoholic beverages offered with your meals
- Meals can be taken in the restaurant or delivered to your apartment*
- A daily visit to restock your kitchenette with basic provisions (list available), and discuss any dietary requirements you may have
- Free access to Supper Clubs and Village activities and events

LAUNDRY

- Collection, laundering, ironing and return delivery of all personal clothing items**
- Weekly change of bed linen (unless emergency occurs)
- Towels laundered twice weekly (unless emergency occurs)

DAILY MAID SERVICE

- Daily visit to tidy apartment
  > Empty bins
  > Clean sinks in bathroom
  > Clean sinks in kitchenette
- Weekly full apartment clean
- Annual deep clean

ENERGY

- Heating, lighting and water rates within the Assisted Living Apartment

WELLBEING ASSESSMENTS

- A medical history is kept by the Domiciliary Care Team of Assisted Living Apartment residents and reviewed regularly

POST AND NEWSPAPER MANAGEMENT

- All mail and newspapers are delivered by hand to each apartment

WHAT IS ASSISTED LIVING?

Assisted Living is a philosophy of care and support services that promote independence, dignity and wellbeing. It is now firmly established as an alternative to residential care, where people can retain much of their independence. It is an ideal combination of having your own front door but with the reassurance that care and support are available on site 24 hours a day as required.

IS ASSISTED LIVING ALL ABOUT PROMOTING INDEPENDENCE?

Absolutely! By providing supervision or assistance with activities of daily living, people who are finding it difficult to live independently in a private residence, but do not need the 24-hour care provided by a care home, are able to enjoy prolonged independence in a safe, caring, socially active and supportive environment.

DO PEOPLE OWN THE APARTMENTS?

We are still very much a nation of home owners and the majority of people do prefer to purchase the apartments (125-year leasehold), meaning they retain equity and reduce outgoings.

WHAT DOES THE ASSISTED LIVING PACKAGE INCLUDE?

The package is designed to take away the daily chores and allow people more quality time to enjoy the things that they prefer to do! This means that we prepare all meals, which can be taken either in the restaurant or brought to the apartment, a daily maid and laundry service. All utility costs are also included within the package. Where people require additional help and support this can be arranged to meet the individual needs of that person. One of the most important parts, however, is social interaction with like-minded people. Our activity co-ordinators ensure there is a full diary of activities and events, plus having our own full-time driver and fleet of vehicles means there are daily trips to local towns and places of interest.

WHAT HAPPENS IF MY CARE NEEDS INCREASE?

As much as possible, we will provide care through our Domiciliary Care Team in your apartment. However, if you require 24-hour care, then we could provide this within the care home.
A BETTER TAKE ON NURSING CARE

OUR CARE HOME IS FULLY INTEGRATED INTO THE VILLAGE GIVING RESIDENTS EASY ACCESS TO THE WIDER RANGE OF FACILITIES AND AMENITIES.

At Richmond Painswick, residents (including those convalescing with us) are actively encouraged to participate in events, with staff accompanying the less mobile. We believe that just because a resident is not as physically active as they used to be, it doesn’t mean that they aren’t still ‘young at heart’.

Our friendly carers ensure that each resident is encouraged to take part in as many activities as they like, whether it be a music recital, an art class, a game of bridge or just sitting enjoying the wonderful views.

The Care Home is registered and inspected by the Care Quality Commission (CQC). It provides long- and short-stay nursing care as well as offering rehabilitation, post-operative and palliative care.

Each resident will have a named nurse and named carer who will oversee their personal needs and encourage participation in whichever of the Village’s daily activities are suitable.

OUR REGISTERED NURSING FACILITY HAS QUALIFIED NURSES ON DUTY TWENTY-FOUR HOURS A DAY.

WE AIM TO PROVIDE THE BEST CARE, SUPPORT AND ADVICE BY:

• working with our residents and their families to develop a plan of care which all of our team follows.
• liaising with the G.P. and other healthcare professionals to address our residents’ individual needs.
• rigorous training, auditing and supervision to maintain standards.
• providing a full range of equipment to suit residents’ needs.
• offering an appetising and nutritious menu catering for various dietary requirements.
DOMICILIARY CARE

RICHMOND PAINSWICK IS PROUD TO HAVE ITS VERY OWN ON-SITE DOMICILIARY CARE TEAM REGISTERED WITH THE CARE QUALITY COMMISSION (CQC). OUR CARERS OFFER SUPPORT AND HELP TO THOSE LIVING IN VILLAGE AND ASSISTED LIVING APARTMENTS BY PROVIDING INDIVIDUALLY TAILORED CARE PACKAGES.

Residents of Assisted Living Apartments or Village Apartments benefit from assistance given by our Domiciliary Care Team, with the emphasis on caring for people with personal care needs living in their own home. The amount of care received can vary from a couple of hours a week, to several hours every day, dependent on individual needs. All domiciliary care packages are bespoke and charged at an hourly rate.

KEY BENEFITS:

• The Domiciliary Care Team has pager systems connected to emergency call systems in both Assisted Living and Village Apartments
• Our Domiciliary Care Team will meet with you prior to moving into the Village to discuss any care needs that you may have
• Flexible tailored packages. Availability of scheduled visits 24 hours a day
• Dedicated, friendly staff that are known to each resident.
CONVALESCENT & RESPITE CARE A BETTER WAY TO GET BETTER

OUR CONVALESCENT CARE PROGRAMME IS A SERVICE SPECIFICALLY CREATED TO ENABLE THE BEST POSSIBLE RECUPERATION AFTER PERIODS OF ILLNESS OR AFTER AN OPERATION.

RICHMOND PAINSWICK ALSO OFFERS VITAL SHORT-TERM RESPITE CARE, MEANING YOU CAN REST ASSURED THAT YOUR LOVED ONE WILL BENEFIT FROM A BREAK, AS MUCH AS YOU WILL ENJOY YOUR WELL-EARNED TIME OFF.

There are many occasions when a patient may be ready to leave hospital but is simply not able to manage all the day-to-day activities involved with living back at home. A proper period of convalescence, where life's daily chores are gradually taken on, not only speeds up the recovery process, but minimises the chance of hospital admission.

Convalescent and respite care can be within the Care Home or an Assisted Living Apartment, dependent upon the amount of care required.

Convalescent and respite care can be within the Care Home or an Assisted Living Apartment, dependent upon the amount of care required.

All meals, laundry and cleaning are included and if extra help is required, our Domiciliary Care Team can tailor a care package to suit the needs of each individual.

Richmond Painswick has a number of self-contained Assisted Living Apartments, beautifully furnished and comprise a bedroom, bathroom, kitchenette and sitting room equipped with flat screen TV and DVD player. Guests also benefit from access to all the Village facilities. These include a restaurant, Wellness Spa, pool and jacuzzi, café, hairdressing salon, library and I.T. facilities.
HOW TO FIND US

**DIRECTIONS – FROM THE NORTH**
Exit the M5 at junction 11A. Take the A417 towards Cirencester. Keep in left-hand lane and after 500 yards turn off at the first exit. At the roundabout, turn right onto the A46 signposted Stroud. The A46 will take you through the village of Painswick. Go past the church on your left. After a few hundred yards, turn left into Richmond Painswick.

**DIRECTIONS – FROM THE SOUTH**
Exit the M5 at junction 13. Take the A419 towards Stroud. On entering Stroud, follow signs for the A46 to Cheltenham. On entering the village of Painswick, turn right into Richmond Painswick.

Richmond Painswick, Stroud Road, Painswick, Gloucestershire GL6 6UL.

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**SERVICE CHARGE**

EVERYBODY LIVING WITHIN AN ASSISTED LIVING APARTMENT OR A VILLAGE APARTMENT CONTRIBUTES TO A SERVICE CHARGE. A KEY BENEFIT TO LIVING IN A RICHMOND VILLAGE IS THE LEVEL OF CARE, SUPPORT AND SERVICES THAT ARE AVAILABLE TO MAKE LIFE MORE COMFORTABLE AND ENJOYABLE. THIS CHARGE IS TO PROVIDE THE SERVICES THAT INCLUDE:

- **Property**
  External maintenance, external cleaning of windows (and internal cleaning to communal areas) and buildings insurance.

- **Community Facilities**
  Use of the Village Centre facilities including use of the Wellness Spa. Heating, lighting and maintenance of all communal areas, including lifts. Laundry facilities and maintenance.

- **Gardens and Estate Management**
  Garden and grounds maintenance for communal areas. Operation and maintenance of all external lighting and upkeep of the private roads.

- **Security**
  CCTV and 24-hour staff presence in Village Centre. Emergency Call Systems to all properties and smoke alarms.

- **Care and Support (including initial health and wellbeing assessment)**
  On-site 24-hour Domiciliary Care Team. Response to and maintenance of emergency alarm units. Support and liaison with appropriate medical professionals and/or agencies.

- **Social Events and Activities Management**
  Dedicated staff who coordinate, facilitate and organise social activities and events.

- **Transport**
  Full-time driver and use of the Village transport vehicles for scheduled shopping trips, activities and outings.

- **Village Administration**
  Dedicated customer services staff providing Reception and booking services, resident access to on-site services (e.g. care) and general administration.

Full list available on request.
RICHMOND PAINSWICK IS WITHOUT DOUBT A BEAUTIFUL PLACE TO LIVE. THE ARCHITECTURE IS BOTH INNOVATIVE AND AESTHETICALLY PLEASING. A COMBINATION OF CLASSIC COTSWOLD STONE AND MODERN THINKING, EACH HOME HAS ITS OWN UNIQUE CHARACTER.

BUT THAT’S JUST THE BEGINNING.

RICHMOND PAINSWICK IS MUCH MORE THAN BEAUTIFUL STONE-BUILT HOMES AND STUNNING LANDSCAPED GARDENS. IT IS A VIBRANT COMMUNITY CREATED FROM THE UNDERSTANDING THAT SOCIAL INTERACTION AND REGULAR PHYSICAL AND MENTAL ACTIVITY ARE VITAL TO A HAPPY AND FULFILLING RETIREMENT.

A WINNING COMBINATION OF A HIGHLY DESIRABLE LOCATION, LUXURIOUS FACILITIES AND SECURITY OF LIFESTYLE TO GIVE YOU GENUINE PEACE OF MIND.