Prior to residing at Oaken Holt, a full assessment is undertaken to ensure that all your needs can be met. On admission, tailored care plans are drawn up with residents on an individual basis in conjunction with their relatives. The plans are regularly reviewed so they can be adjusted as a person's needs change, ensuring appropriate care delivery at all times.

## SOCIAL ENVIRONMENT

There is a great feeling of community at Oaken Holt. A 'home for life' is what we can offer due to the range of service and care available, from independent living to nursing care.

We provide a wide and varied range of meaningful 'In-House' activities. These may include traditional pastimes such as gardening, cookery and keep fit, through to more care related activities to stimulate the mind, body and soul, such as cognitive and sensory therapies. We also have a mini-bus and car, which facilitate regular outings and excursions.

Outside, the landscaped gardens also provide a venue for outdoor activities such as barbecues, sensory therapy and a place to simply unwind and relax.

## LIFESTYLE

Dining is an important part of life at Oaken Holt. The chef and kitchen staff aim to take residents' individual needs and tastes into consideration in the preparation of the excellent home cooked meals produced in our well equipped kitchen. We can cater for special diets and offer a vegetarian alternative at all sittings.

The mobile library calls regularly and carries an excellent variety of literary works, which are available in large print.

The physiotherapist is in attendance twice weekly and the services are included in the weekly fee of those staying at Oaken Holt House. We also benefit from visiting hairdressers, chiropodists and other practitioners attending the home regularly.

## RELIGION

The spiritual aspect of life is a vital element of care. Within the area most denominations can be catered for, although prior to admission it is important to express your religious beliefs so that we can be sure that we can meet your needs.

## **REGULATION AND INSPECTION**

Oaken Holt is registered and inspected by the Commission for Social Care Inspection (CSCI), and operates under the guidelines of the National Minimum Care Standards. Inspection reports are available to residents and their families. In addition, there are annual visits by the Environmental Health Officer, Fire Officer, and other associated regulators.

### VISITORS

We always encourage visits from family members and friends to ensure that they are completely happy with the surroundings and care we extend to all of our residents. Visitors are welcome at any time during the day or evening, subject to the care and rest needs of individual residents.

### SHORT STAYS

Subject to availability, we also welcome short-stay residents who simply wish to enjoy a break with us, require a period of convalescence, or wish to sample the lifestyle with a view to becoming a permanent resident in the future.

## NEXT STEP

We are very happy to arrange visits from prospective residents and their families, extending a warm welcome to all visitors. To visit Oaken Holt, or to make an appointment for an assessment of a prospective resident's care needs, please contact our manager on Freephone: 0808 1552447 for further details.

## HOW TO FIND US



## Freephone 0808 1552447

Eynsham Road Farmoor, Oxford OX2 9NL www.caringhomes.org email: marketing@caringhomes.org



## Oaken Holt

CARING HOMES \*

# Oaken Holt

Oaken Holt is a stunning country estate which has been tailored to meet the needs of the discerning retired and elderly; and is renowned as a care provider of distinction.

The estate comprises the main Victorian manor house, boasting a wealth of original features, the Coach House and Parklands, which together provide support and assisted living to a community who wish to retain their privacy and autonomy.

Set in 23 acres of gardens and parkland, the estate has commanding views across the surrounding countryside and woodland.

Oaken Holt is located on the outskirts of the delightful village of Farmoor, within a 10 minute drive from the historic city of Oxford. The home's proximity to local services and facilities make it easily accessible, whilst benefiting from a wonderful rural position.

In this tranquil location residential and nursing care is provided to up to 80 people over the age of 60. It is our aim to provide a comfortable and enjoyable home with a friendly and companionable atmosphere, where residents can enjoy the highest standard of care from highly trained and qualified staff bespoke to their needs.

## OAKEN HOLT HOUSE

The main house is a Victorian mansion which boasts a wealth of original features, including an oak panelled hallway and staircase, large ceiling paintings and ornate architraving.

This elegant home provides light and attractive accommodation throughout its two floors. On the ground floor there are a number of communal areas including a library which has been retained as a quiet room for residents wishing to read or simply enjoy the peace and quiet. There is also a comfortable lounge with large picture windows overlooking the gardens and a magnificent dining room with feature fireplace.

A light and summery garden room provides an alternative environment for residents to socialise or relax in.

The main house provides residential care to 48 residents in well-appointed en-suite single rooms, decorated to a high standard. All rooms are fully furnished and fitted with TV points. However, residents are encouraged to bring small pieces of furniture and treasured belongings with them to further personalise their rooms. There is a call system installed throughout the home, and in each bedroom, for residents to alert staff if required at any time of the day or night.

## OAKEN HOLT HOUSE – NURSING WING

The nursing wing is a modern, purpose built extension which has been sympathetically designed to maintain the integrity of the main house. Both communal and private areas have been decorated to a high standard and provide a homely and cosy feel. There are two spacious lounges which are warm and inviting. The bright and comfortable conservatory is used as a dining room, providing a light and pleasant area in which to enjoy mealtimes.

Nursing care is provided to 20 residents in well-appointed ensuite single rooms, decorated to a high standard. All rooms are fully furnished and fitted with TV points. However, residents are encouraged to bring small pieces of furniture and treasured belongings with them to further personalise their rooms. There is also a call bell system installed throughout the home and in each bedroom for residents to alert staff if required at any time of the day or night. All specialist equipment is provided to meet the individual needs of our residents.

## THE COACH HOUSE

The Coach House provides close care, for those individuals who want to remain as independent as possible with the comfort that staff are present 24 hours a day if assistance is required. The main lounge is beautifully furnished and in a central location of the Coach House, providing an ideal meeting point. The dining room is large and airy, and attractively decorated to a high standard. There is also a fully fitted kitchen for residents to use and a hairdressing salon. The twelve suites each have a bedroom, living space, kitchenette and bathroom; and French doors which open out onto a patio area. Each is carpeted, curtained and is fitted with emergency call bells, television and private telephone points. Suites are fully furnished, although residents are free to furnish their suites if they so wish. Residents are welcome to use all the other communal areas within the complex. All care, cleaning, laundry, meals and non alcoholic beverages, are included within the weekly fee.

## PARKLANDS

Parklands retirement homes consist of twenty nine one and two bedroomed flats and bungalows, which can be purchased on a leasehold basis. Designed to a high specification for independent living, all occupants have the comfort of knowing that each property is fitted with emergency call bells and that the services of Oaken Holt are close by. The accommodation includes fully fitted kitchen, lounge, bedroom, bathroom with low line non slip bath, television and telephone points and all beautifully decorated throughout. Each bungalow has its own patio area and many of the flats have balconies. Oaken Holt undertakes the day to day management of Parklands properties, communal facilities and the maintenance of the grounds and drives. There are communal facilities located on the ground floor of the main building housing the flats, which include a spacious residents' lounge, fully fitted laundry room and a fully furnished guest suite, which is available at a reasonable charge for when residents' guests wish to stay.

## PROFESSIONAL HEALTHCARE

Our key focus is in on providing a safe, homely and supported environment for those within our care, through a planned multidisciplinary team approach.

