Monarch Court care home
30-50 Cadogan Terrace, Hackney, London, E9 5EJ

**Spacious, comfortable accommodation with:**
- Professional, caring staff
- Safe and friendly environment
- Social activities and pets welcome

**Happy living for the years ahead**

---

**Directions from Central London**
- Head for the West of the City and follow signs to Aldgate
- Join the A11 direction Whitechapel
- Travel for four miles and join the A12 North direction Hackney Wick
- Travel for 1.3 miles and turn left onto Wick Lane
- Turn right onto Cadogan Terrace.

**Directions from M25**
- Leave M25 at Junction 28
- Join the A12 direction Central London
- Travel for 15 miles to the Lea Interchange and exit onto the A106 and turn left onto Eastway
- Travel for 1 mile and turn right onto Wick Road
- Travel under two bridges and then turn sharp left onto Cadogan Terrace.

**Send me my FREE DVD, information pack and guide**

Title _______  Forename __________________________
Surname __________________________
Address _______________________________________
______________________________________
______________________________________
Postcode __________________________
Telephone (home) __________________________
Telephone (mobile) __________________________
Email __________________________

Free post RSKB-XKYE-LCZL
Anchor Customer Centre
Milestone Place
100 Bolton Road
BRADFORD
BD1 4DH

Freepost RSKC-TSRB-UXBU
Anchor Marketing
Milestone Place
100 Bolton Road
BRADFORD
BD1 4DH

0845 140 2020
Feel at home in our care

With a reputation built on more than 40 years of experience and the values of the not-for-profit sector, Anchor is a trusted provider of services for older people. We have almost 100 care homes across England, offering a wide range of services for older people. All our homes are regulated by the Care Quality Commission.

24-hour peace of mind

Our care homes offer a warm, safe and friendly environment, with a range of facilities and social activities to help you feel at home. They are spacious and well maintained with comfortable, self-contained rooms, many with en-suite facilities. Anchor has won national recognition for our catering with menus offering freshly cooked, nutritious meals.

Independence

We understand that your independence is important and will plan your personal care with you to reflect that. Everyone is encouraged to participate in social activities but how often is up to you. We also respect your privacy. All our homes organise activities with their residents, which range from arts and crafts and games to coffee mornings and social evenings. Highly qualified staff ensure you continue to enjoy maximum independence whilst having the reassurance that expert help is always at hand.

Type of care

We offer both residential homes and nursing homes. Both include 24-hour personal support, such as help with dressing, bathing, eating and help participating in activities and companionship. Nursing care provides more specialist medical support from qualified nurses to people with more complex medical needs. Some of our homes are dual registered, which may suit couples requiring different levels of care.

All homes’ staff receive dementia training and have at least one Dignity Champion, a member of staff who has been trained by our Dementia Specialist.

Monarch Court care home

30-50 Cadogan Terrace, Hackney, London, E9 5EJ

Monarch Court is a purpose built home set in a quiet location, opposite Victoria Park. It is close to local amenities and excellent bus routes. We provide nursing care for 66 older people with varying physical and mental needs, including dementia. We offer the following facilities:

Accommodation

• 66 single en-suite rooms
• Call system in each room for 24-hour help
• Cosy lounges and areas for relaxing
• Lift to all floors.

Dining

• Choice of freshly cooked meals
• Five dining areas
• Tea making facilities.

Facilities

• Regular entertainment events and outings
• Enclosed well-maintained gardens and patio area
• Hairdressing salon, library, games, CD/stereo
• Regular visits from doctors, chiropodist, hairdresser etc.