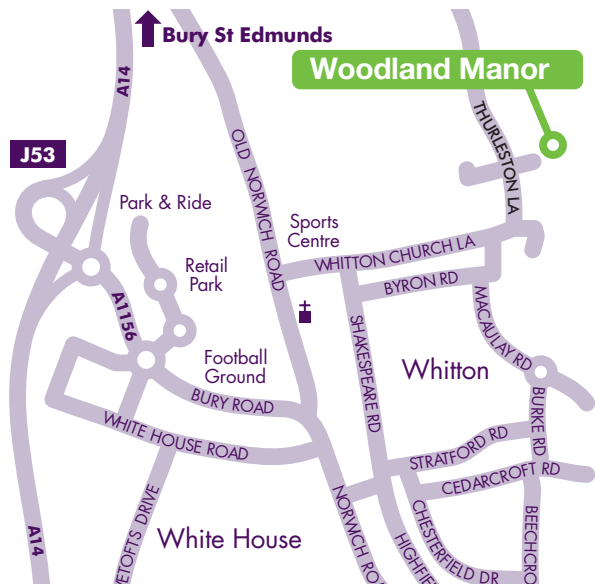


Directions from A12 and A14

- Leave the A12 at Junction 33/55
- Join the A14 direction Stowmarket
- Leave the A14 at Junction 53
- Join the A1156 Bury Road direction Whitton
- Travel straight across at the roundabout
- Take the 1st left turn onto Old Norwich Road
- Take the 1st turning right onto Whitton Church Lane
- After passing the sports ground turn left onto Thurleston Lane
- After 100 metres turn right down a lane.



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Find out more about Anchor care homes by requesting our FREE DVD and information pack by calling **0845 140 2020** and quote ref: 'Woodland Manor' flyer. Or fill in the reply form below, tear it off and return to us in an envelope using our freepost address:

Freepost RSKB-XKYE-LCZL, Anchor Customer Centre, Milestone Place, 100 Bolton Road, BRADFORD, BD1 4DH

Please send me my **FREE** DVD, information pack and guide

Title _____ Forename _____ Surname _____

Address _____

Postcode _____

Telephone (home) _____

Telephone (mobile) _____

Email _____

Woodland Manor care home

Whitton Park, Ipswich, Suffolk, IP1 6TJ



Spacious, comfortable accommodation with:

- Professional, caring staff
- Safe and friendly environment
- Social activities and pets welcome

Happy living for the years ahead

Feel at home in our care

With a reputation built on more than 40-years of experience and the values of the not-for-profit sector, Anchor is a trusted provider of services for older people. We have almost 100 care homes across England, offering a wide range of services for older people. All our homes are regulated by the Care Quality Commission.



“ If I had known how I would feel I would have come here years ago. ”
Anchor customer

24-hour peace of mind

Our care homes offer a warm, safe and friendly environment, with a range of facilities and social activities to help you feel at home. They are spacious and well maintained with comfortable, self-contained rooms, many with en-suite facilities. Anchor has won national recognition for our catering with menus offering freshly cooked, nutritious meals.



Type of care

We offer both residential homes and nursing homes. Both include 24-hour personal support, such as help with dressing, bathing, eating and help participating in activities and companionship. Nursing care provides more specialist medical support from qualified nurses to people with more complex medical needs. Some of our homes are dual registered, which may suit couples requiring different levels of care.

All homes' staff receive dementia training and have at least one Dignity Champion, a member of staff who has been trained by our Dementia Specialist.

Independence

We understand that your independence is important and will plan your personal care with you to reflect that. Everyone is encouraged to participate in social activities but how often is up to you. We also respect your privacy. All our homes organise activities with their residents, which range from arts and crafts and games to coffee mornings and social evenings. Highly qualified staff ensure you continue to enjoy maximum independence whilst having the reassurance that expert help is always at hand.

Woodland Manor care home

Whitton Park, Ipswich, Suffolk, IP1 6TJ

Woodland Manor is a Victorian house with a modern extension set in a quiet location and in its own grounds. It is close to local amenities and excellent bus routes into town. We provide residential and nursing care for 33 older people who have enduring, functional mental health needs.

Accommodation

- 31 single rooms of which 2 rooms have kitchenette facilities
- 2 double en-suite rooms
- Call bells in each room for 24-hour help
- Cosy lounges and relaxing areas.

Dining

- 2 dining areas
- Choice of freshly cooked meals
- Varied and seasonal menus
- Special dietary requirements catered for.

Facilities

- Regular entertainment events and outings
- Well maintained gardens with patio areas ideal for sitting out
- Hairdressing salon, mobile library, games, music system
- Regular visits from doctors, chiropodist, hairdresser etc.

